Electron Transport and Bulk-like Behavior of Wiedemann–Franz Law for Sub-7 nm-Thin Iridium Films on Silkworm Silk

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ABSTRACT: For ultrathin metallic films, either supported or free-standing, the inside nanocrystalline nature significantly reduces the electron and thermal transport. Quantum mechanical reflection of electrons at the grain boundary reduces the electrical conductivity further than the thermal conductivity, leading to a Lorenz number in the order of $7.0 \times 10^{-8}$ W Ω K$^{-2}$, much higher than that of the bulk counterpart. We report on a finding that for ultrathin (0.6–6.3 nm) iridium films coated on degummed silkworm silk fibroin, the electron transport is around 100–200% higher than that of the same film on glass fiber, even though the grain size of Ir film on silkworm silk is smaller than that on glass fiber. At the same time, the thermal conductivity of the Ir film is smaller or close to that of the film on glass fiber. Its Lorenz number is found close to that of bulk crystalline Ir despite the nanocrystalline structure in the Ir films. This is similar to the behavior of metallic glasses. Our study of gold films on silkworm silk reveals the same trend of change as compared to that on glass fiber. Electron hopping and tunneling in silkworm silk is speculated to be responsible for the observed electron transport. The finding points out that silk could provide a better substrate for flexible electronics with significantly faster electron transport.

KEYWORDS: silkworm silk, iridium film, gold film, electron transport, thermal conductivity, Lorenz number

1. INTRODUCTION

When the grain/characteristic size of nanocrystalline metallic films is at the same level, or smaller than that of electron mean free path, the existence of grain boundary could strongly impede electron transport by quantum mechanical grain boundary electron reflection. At the same time, because of the electron–phonon energy coupling at grain boundaries, the energy of the reflected electrons can be transferred across the grain boundary via electron–phonon scattering. The direct result is a significantly reduced electrical conductivity with a less reduced thermal conductivity. The work by Yoneoka et al. showed that a 7.3 nm free-standing Pt film has a significantly reduced electrical conductivity (77.8% reduction) and thermal conductivity (66.3% reduction). As a result, the Lorenz number (3.82 $\times$ 10$^{-8}$ W Ω K$^{-2}$) becomes much higher than the bulk’s value of 2.51 $\times$ 10$^{-8}$ W Ω K$^{-2}$. In the work by Zhang et al., even higher Lorenz numbers have been found for 21–37 and 53 nm polycrystalline Au films: 7.0 $\times$ 10$^{-8}$ and 5.0 $\times$ 10$^{-8}$ W Ω K$^{-2}$. Our recent study revealed significantly reduced electrical (93.7% reduction) and thermal (80.5% reduction) conductivities for a 6.4 nm gold (Au) film coated on a glass fiber. The film’s Lorenz number was found almost 3 times the bulk’s value. Such conclusion also holds for samples as thin as 0.6 nm as reported in our work for iridium (Ir) on microscale glass fibers. Its electrical and thermal conductivities are only about 18% and 50% of that of bulk crystalline Ir. Its Lorenz number is also very high: 7.08 $\times$ 10$^{-8}$ W Ω K$^{-2}$. The nanometer-thin films reported in the above work usually have nanocrystalline structure, which consists of many nanosize grains. When the grain size is very small (close to atomic level), the material will show an amorphous structure, as the case with metallic glass, and the situation becomes different. At 300 K, the electrical and thermal conductivities of metallic glasses are about (4.4–14.2) $\times$ 10$^{3}$ Ω$^{-1}$ m$^{-1}$ and (3.5–10.6) W m$^{-1}$ K$^{-1}$. These metallic glasses usually are alloys, like Pd$_{40}$Ni$_{40}$Cu$_{20}$ and Zr$_{16}$Al$_{10}$Ni$_{35}$Cu$_{30}$. Mizoguchi et al. measured the Lorenz numbers in metallic glasses as (2.2–3.2) $\times$ 10$^{-8}$ W Ω K$^{-2}$ at 273 K. These numbers are very close to the theoretical value of 2.44 $\times$ 10$^{-8}$ W Ω K$^{-2}$ of bulk metal.

In the past, Singh et al. have conducted research on gold–spider silk conjugation and found the gold films can retain excellent electron transport. They attributed the electronic conduction in the spider silk fibers to electron tunneling and/or hopping. Eden et al. found that amine-functionalized carbon nanotubes have strong affinity to spider silk. The coated silk fibers have an electrical conductivity that is strongly affected by

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strain and humidity. Their results revealed that the charge carrier transport is primarily sustained by charge hopping from tube to tube. Eden et al.\textsuperscript{20} showed that sputtered gold film had very strong adherence to spider silks. This feature makes gold-coated spider silk a good candidate as excellent flexible connectors, especially at low temperatures.

In this work, we report on an intriguing work of sputtering coated Ir films (0.6–6.4 nm thickness) on silkworm silk to demonstrate that the electron transport is significantly higher than that in Ir films coated on glass fibers, although the grain size is smaller. Our detailed study on the thermal conductivity reveals it is either close to or smaller than that of the films on glass fiber. Its Lorenz number is found to be close to that of bulk crystalline structure, similar to the behavior of metallic glasses.

2. NANOCRYSTALLINE Ir ON SILKWORM SILK

Because of its unique mechanical strength and flexibility, silkworm silk has been used for thousands of years in textile fabrication.\textsuperscript{21,22} In recent years, more work has been done to apply silkworm silk in biomedical and biotechnological engineering.\textsuperscript{20–24} When used as a suture, the sericin needs to be removed from the silk fibroin fibers.\textsuperscript{25} In this work, we focus on nanocrystalline metallic films on degummed single fiber of fibroin. Two degumming methods are used to process the silkworm silks used in this work. The degumming methods are briefed in section 5.1.

In this work, the Ir films on silk are grown using a sputtering coating machine (Quorum Q150T S). During Ir film deposition, the Ir atoms are uniformly deposited in space. The thickest region should be on top of the silkworm silk, and the local thickness is designated as \( \delta_{\text{max}} \). \( \delta_{\text{max}} \) is monitored during deposition using a quartz crystal balance. The accuracy of measurement is verified by an atomic force microscope. Because of the circular shape of the silk, the Ir film thickness \((\delta_0)\) varies on the silk surface as \( \delta_0 = \delta_{\text{max}} \cos \theta \) (\( \theta \): angle from the vertical direction). The average thickness of the film is calculated as \( \delta_{\text{ave}} = 2\delta_{\text{max}}/\pi \).

We characterize the structure of the nanofilms by using a scanning electron microscope (SEM), X-ray diffraction (XRD), and transmission electron microscope (TEM). Details for these characterizations are listed in section 5.2. Figure 1a shows one of the silkworm silk samples with Ir coated from the top. It can be seen that the sericin removing process has been successful, and no sericin is observed on the fibroin surface. The XRD patterns of \((\delta_{\text{ave}})\) 0.6, 1.3, 3.2, and 6.4 nm Ir nanofilms coated on silkworm silk are shown in Figure 1b. It is clear that when the film is very thin \((\delta_{\text{ave}} \leq 3.2 \text{ nm})\), there is no visible peak. However, when the film becomes thicker, like 6.4 nm, the peak starts to emerge around 40.5°, indicating the formation of crystalline structures. (c and d) Low-magnified TEM images of Ir film coated on silkworm silk studied in this work.

Figure 1. (a) SEM image of 6.4 nm-thick Ir coated on silkworm silk. (b) XRD patterns of Ir films coated on silkworm silk. For the film of 6.4 nm thick, a small peak appears at 40.5°, indicating the formation of crystalline structures. (c and d) Low-magnified TEM images of Ir film coated on silkworm silk studied in this work.

Figure 2. (a) TEM images of Ir film coated on silkworm silk under low magnification. (b) The magnified area from the red circle in (a). (c) The diffraction pattern for the dashed circle area in (b). The spots in the diffraction pattern clearly substantiate the existence of nanocrystals. (d) The high-resolution TEM image for the solid circle area in (b). The red dashed lines show the lattice orientation. The multiple orientations of strip groups in the image indicate the existence of nanocrystals.
which means the Ir crystallographic orientation is different in each nanograin.

3. ELECTRON TRANSPORT AND BULK-LIKE WIEDERMANN–FRANZ LAW

A differential technology is applied to measure the thermal diffusivity/conductivity of Ir films. In this method, the silkworm silk is used as the base material to support the ultrathin Ir film. First, a Ir layer of thickness $\delta_1$ is coated on the silk. The sample’s effective thermal diffusivity (in the axial direction) is measured ($\alpha_{eff,1}$). A second Ir layer of thickness $\delta_2$ then is grown on the first Ir layer. The thermal diffusivity of this sample is measured as $\alpha_{eff,2}$. In fact, the second Ir layer will give an increment in thermal diffusivity as $\Delta\alpha_{eff} = \alpha_{eff,1} - \alpha_{eff,2}$. This thermal diffusivity increment can be used to evaluate the thermal transport in the Ir layer.

In our work, the transient electro-thermal (TET) technique is used to measure the thermal diffusivity of Ir-coated silk. In TET measurement, the sample needs to be electrically conductive. The first Ir film is grown for such purpose. Theoretically, only one second Ir layer ($\delta_2$ thickness) will be sufficient for electrical and thermal transport study in it. To suppress the experimental uncertainty/error, especially for ultrathin films, we repeat the process of adding a Ir layer of thickness $\delta_2$ and measuring its thermal diffusivity $\alpha_{eff,2}$. The relationship between $\alpha_{eff,2}$ and the number ($n$) of the Ir layer ($\delta_n$ thickness) is used for data processing. This treatment works nicely to improve the measurement accuracy. Because the deposited film layers ($\delta_n$) have the same deposition condition and thickness, they have the same electrical and thermal conductivities and $\rho\sigma_{eff}^{\alpha_{eff}}$.

The TET technique is used for thermal characterization of Ir-coated silk. Details of this technique can be found in our previous work. A suspended sample used in TET characterization is shown in Figure 3a. Figure 3b demonstrates that after adding two 6.4 nm-thick Ir films, the thermal response of the sample to the step-current heating shows an appreciable difference that can be used to evaluate the thermal transport in the ultrathin Ir film. Details of this technique are given in section 5.3.

3.1. Electron Transport in Ir Film

The electrical conductivity of the Ir film is related to the coating’s electrical conductivity ($\sigma$) parameters as:

$$ R_{total} = \frac{L}{A \cdot \sigma} = \frac{L}{D \cdot n \cdot \delta_{max} \cdot \sigma} $$

The electrical conductivity $\sigma$ for each $\delta_n$ layer is considered to be the same, because all Ir layers have the same thickness. After three TET experiments, three groups data of ($R_{total}^{-1}$, $n$) can be obtained. Figure 4c is for the linear fitting of electrical conductance against the number of Ir layers ($\delta_{ave} = 6.4$ nm) on top of a silkworm silk. The good linear relationship between $R^{-1}$ and the number of layers indicates that each Ir layer has the same thickness and electrical conductivity. The fitted slope is $1.57 \times 10^{-3} \Omega^{-1}$, and the electrical conductivity of the Ir film is calculated as $9.27 \times 10^6 \Omega^{-1} \text{m}^{-1}$. This value is much larger than $\sigma$ of 6.4 nm Ir layer deposited on glass fiber $3.23 \times 10^6 \Omega^{-1} \text{m}^{-1}$. For the Ir films coated on glass fiber, exactly the same deposition technique and condition were used. It means that ultrathin metallic films on silkworm silk provide an excellent platform for electrical connections that are preferred in flexible electronics.

The electrical conductivities of Ir films on silkworm silk and glass fibers both are much smaller than that of bulk Ir ($\sigma_0$), $19.68 \times 10^6 \Omega^{-1} \text{m}^{-1}$ at 300 K. The $\sigma$ of Ir film on the glass fiber has a significant reduction of 83.6% from the bulk’s value. For the Ir film on the silkworm silk, this reduction is only about 52.9%. Here, the Mayadas–Shatzkes (MS) model is used to interpret the observed significant reduction in electron transport. In the MS model, $\sigma/\sigma_0$ is approximated by

$$ \frac{\sigma}{\sigma_0} = \left[ 1 + \frac{3(1-p)}{8\rho_0} + \frac{\gamma}{S} \right]^{-1} $$

This equation has an error less than 9% for $\sigma < 10$ and $k_b > 0.1$. $\alpha = L_0/\delta(1 - R)$, $k_b = \delta_{ave}/l_0$, and $\sigma_l$ and $\sigma_0$ are film and bulk electrical conductivities. $L_0$ is electron mean free path, $d$ is the average grain size, $R$ is the electron reflection coefficient at grain boundaries, $p$ is the specular reflection parameter of electrons at film surfaces, and $\delta_{ave}$ is the average film thickness. This model is for films composed of grains that are in a “columnar” fashion normal to the film plane. The applicability of this equation to our sample has been fully justified in our previous work. $p$ can
Figure 4. Data processing for determining the Lorenz number, thermal diffusivity, and electrical conductivity of the 6.4 nm Ir film on a silkworm silk of 703 μm length. (a) Variation of the effective thermal diffusivity of Ir-coated silkworm silk against the electrical conductance for 6.4 nm-thick Ir layers coated on the silkworm silk. Solid line is linear fitting of the three experimental data points. (b) Linear fitting of effective thermal diffusivity change with the number of Ir layers on top of the same silkworm silk sample shown in Figure 3a. (c) Linear fitting of electrical conductance change with the number of Ir layers on top of the silkworm silk. Solid lines are linear fittings of the experimental data. The error bars in measuring Lorenz number, electrical, and thermal conductivities are shown in the figure.

3.2. Lorenz Number Evaluation. The measured $\alpha_{\text{eff}}$ reflects combined effects from both bulk and the Ir coating as $\alpha_{\text{eff}} = \alpha_u + \frac{4\pi \delta_{\text{max}}}{\pi D (\rho \sigma \kappa)_w} [k_u - \alpha_u (\rho \sigma \kappa)_w]$, where $\alpha_u$ is the real thermal diffusivity that still includes the effect of radiation. $T$ and $R$ are the sample’s average temperature and electrical resistance during measurement. $\rho$ and $c_p$ are the sample’s effective density and specific heat. This relation indicates that $\alpha_{\text{eff}}$ changes with $R^{-1}$ linearly with a slope of $L_{\text{Loeren}} TL/(A_w \rho \sigma \kappa)$. Figure 4a shows the change of $\alpha_{\text{eff}}$ against $R^{-1}$. Our linear fitting yields a slope of $3.68 \times 10^{-5}$ m$^2$ s$^{-1}$ Ω $^{-1}$ (Figure 4a). In our TET measurements, the electrical current is controlled (160–340 μA) to give a moderate temperature rise around 7 K. An average temperature of 300 K is used in the Lorenz number calculation. Finally, the Lorenz number of 6.4 nm-thick Ir film is determined as $2.62 \times 10^{-8}$ W Ω K$^{-2}$.

For bulk Ir, its Lorenz number is $2.49 \times 10^{-8}$ W Ω K$^{-2}$ ($L_{\text{Loeren}} = k_c/\rho T$). Our measured Lorenz number is $2.62 \times 10^{-8}$ W Ω K$^{-2}$ for the Ir film is very close to the bulk value (~5% difference). This demonstrates that the nanofilm structure deposited on silkworm silk has the same reduction effect in electron transport and thermal energy transport. Our previous work found the Lorenz numbers of 6.4 nm Ir and Au film coated on glass fiber are $6.15 \times 10^{-8}$ W Ω K$^{-2}$ and $7.44 \times 10^{-8}$ W Ω K$^{-2}$, respectively. Zhang et al. have found that the Lorenz number of 21–37 and 53 nm polycrystalline Au films is around $7.0 \times 10^{-8}$ and $5.0 \times 10^{-8}$ W Ω K$^{-2}$. Zhang et al. also reported that the Lorenz number of Pt nanofilms (15, 28, and 48 nm thickness) is also several times the bulk’s value. These reported large values of the Lorenz number result from the grain boundary scattering, which imposes greater influence on the charge transport than heat conduction. For metallic glasses, their thermal conductivity ($\leq 0.6$ W m$^{-1}$ K$^{-1}$) and electrical conductivity (0.142 $\times 10^{-8}$ $\Omega^{-1}$ m$^{-1}$) are much smaller than that of Ir film on silkworm silk. Their Lorenz number is around $1.57 \times 10^{-8}$ to $2.64 \times 10^{-8}$ W Ω K$^{-2}$. Although our material is nanocrystalline material, like metallic glasses, they have a Lorenz number close to that of the bulk counterpart. It means that the inside nanocrystalline/amorphous structure (random structure) did not alter the Lorenz number much. They have the same rate in reducing electron and thermal conduction.

3.3. Thermal Conductivity of the Ir Nanofilm. The measured $\alpha_{\text{eff}}$ can also be written as

$$\alpha_{\text{eff}} = \frac{4\pi \delta_{\text{max}}}{\pi D (\rho \sigma \kappa)_w} [k_u - \alpha_u (\rho \sigma \kappa)_w]$$

where $k$ is thermal conductivity, the subscript “c” refers to Ir layers, and “w” is for the silk. For bulk Ir, their $\rho \sigma \kappa$ takes values of $1.36 \times 10^{-6}$ J m$^{-1}$ K$^{-1}$ and $2.49 \times 10^{6}$ J m$^{-1}$ K$^{-1}$. Equation 3 tells that $\alpha_{\text{eff}}$ changes with $n$ linearly with a slope of $4\delta_{\text{max}}[k_u - \alpha_u (\rho \sigma \kappa)_w]$. Figure 4b shows the variation of $\alpha_{\text{eff}}$ against $n$. On the basis of linear fitting, the slope is found as $5.75 \times 10^{-8}$ m$^2$ s$^{-1}$. The thermal conductivity of the Ir layer is then determined as $73.9$ W m$^{-1}$ K$^{-1}$. Note this value is larger than that of Ir deposited on glass fiber (66.1 W m$^{-1}$ K$^{-1}$), but still much smaller than the $k$ of bulk Ir ($147$ W m$^{-1}$ K$^{-1}$) at 300 K. We believe the very small grains in the Ir films gives rise to strong electron grain boundary scattering, thereby greatly reducing the thermal conductivity.

3.4. Study of Ultrathin Films and Effect of Film Thickness. We characterized the electron and thermal transport in Ir films on Type 2 silkworm silk. The Ir films have an average thickness of 0.6, 1.3, 3.2, and 6.4 nm (corresponding to $\delta_{\text{max}} = 1, 2, 5, \text{and} 10$ nm). The results are shown in Figure 5a–c. It should be pointed out that the
measurement method for the 3.2 nm Ir coating is similar to that of the 6.4 nm-thick Ir coating. For very thin films (e.g., 0.6 nm), the experiment is revised because ultrathin Ir films are not electrically stable, making it hard to conduct the TET experiment. For such films, first, we coat an Ir layer of \( \delta_{\text{ave}} = 3.2 \) nm on the silk as the base layer, and measure the sample’s \( \alpha_{\text{eff}} \). After that, an ultrathin Ir film (\( \delta_{\text{ave}} = 0.6 \) or 1.3 nm) is added, and the corresponding \( \alpha_{\text{eff}} \) is measured for several rounds. \( \alpha_{\text{eff}} \) is related to \( R \) as \( \alpha_{\text{eff}} = \alpha + L_{\text{1, Lorenz TL}} R_{1}/(A_{\sigma} \rho_{\sigma}) + L_{\text{2, Lorenz TL}} R_{2n}/(A_{\sigma} \rho_{\sigma}) \), where \( R_{1} \) is for the base Ir layer and \( R_{2n} (n = 1–5) \) is for the \( n \) layers of Ir film. Subscripts “1” and “2” are for the base layer and ultrathin Ir layer. Using a similar method to determine the Lorenz number of the \( \delta_{\text{ave}} = 6.4 \) nm Ir layer, we determine the Lorenz number of \( \delta_{\text{ave}} = 0.6 \) and 1.3 nm Ir layer as \( 2.12 \times 10^{-8} \) and \( 2.06 \times 10^{-8} \) W m K\(^{-2} \), respectively.

\[ \alpha_{\text{eff}} = \alpha_{w} + \frac{1}{(\rho_{\sigma})_{w}} \frac{4 \delta_{1,\text{max}}}{\pi D} [k_1 - \alpha_{w} (\rho_{\sigma})_{c}] + \frac{1}{(\rho_{\sigma})_{w}} \frac{4 \delta_{2,\text{max}}}{\pi D} [k_2 - \alpha_{w} (\rho_{\sigma})_{c}] \]  

Subscripts “1” and “2” are for the base layer and one individual ultrathin Ir layer. By linear fitting of the change of \( \alpha_{\text{eff}} \) and \( R \) against \( n \), we can determine the thermal conductivity and electrical conductivity of ultrathin Ir films.

Figure 5a–c also shows the comparisons between films coated on glass fiber and silkworm silk for electrical conductivity, thermal conductivity, and Lorenz number. The blue squares are for films coated on glass fiber, and red dots are for films coated on silkworm silk. For Ir films on silkworm silk, the measured thermal and electrical conductivities have an uncertainty less than 10% and 5%, respectively. The Lorenz number has an uncertainty less than 11%. The electrical conductivity has a substantial increase (\( \sim 37\% \)) when the thickness of Ir films on silkworm silk increases from 0.6 to 3.2 nm. On the other hand, the electrical conductivity stays pretty much constant for the Ir films on glass fiber against the film thickness. It is evident that the electrical conductivity of films coated on silkworm silk is almost 2-fold that of films coated on glass fiber. This substantial increase in electron transport is attributed to the unique structure of silkworm silks. Like the behavior of electronic conduction in the spider silk fibers, the electron tunneling and hopping in silkworm silk can enhance the electronic conduction. When the Ir is thin (\( < 5 \) nm), its thermal conductivity is smaller than thermal conductivity of films coated on glass fiber. The possible reason is the grain size of Ir film coated on silkworm silk (5.4 nm) is smaller than that on glass fiber (8.8 nm), which gives stronger grain boundary phonon scattering. The larger \( k \) and smaller \( \sigma \) make the Lorenz number less than that of the film on glass fiber and close to that of bulk crystalline structure. This is like the behavior of metallic glass.

We have conducted separate experiments to check the electrical contact resistance at the sample/base contact. For Ir-coated silkworm silk, the silver paste significantly enhances the local electrical contact. The contact resistance is found around 10 \( \Omega \) or less.

3.5. Discussion about Ultrathin Gold Films on Silkworm Silk. To have a better understanding of electron and thermal transport in thin films, we also did the measurement of 12.8 nm-thick Au films deposited on Type 1 silkworm silk fiber, in anticipation to compare with that in Ir films. A 736 \( \mu \)m long silkworm silk is coated with 12.8 nm Au layer by layer using a sputtering machine (Denton Vacuum Desk V-Standard). The Au film is found having \( \sigma, k, \) and Lorenz number as 4.90 \( \times 10^6 \) \( \Omega^{-1} \) m\(^{-1} \), 31.8 W m\(^{-1} \) K\(^{-1} \), and 2.08 \( \times 10^{-8} \) W m K\(^{-2} \), respectively.

In our previous work,\(^{10}\) the \( \sigma \) and \( k \) of 6.4 nm-thick Au on a glass fiber are 2.71 \( \times 10^6 \) \( \Omega^{-1} \) m\(^{-1} \) and 61.9 W m\(^{-1} \) K\(^{-1} \). These values have a great reduction from the bulk’s value: 93.7% for \( \sigma \) and 80.5% for \( k \). Its Lorenz number is 7.44 \( \times 10^{-8} \) W m K\(^{-2} \), almost 3 times the bulk’s value. For Au film on silkworm silk, its rough surface and large grain size of gold during sputtering make it impossible to deposit 6.4 nm-thick gold on silkworm silk to reproduce the same scenario as that on glass fiber. It is clear that Au film on silkworm silk has a smaller \( k \) and higher \( \sigma \) than that on the glass fiber. The resulting difference is not induced by the Au film thickness because \( k \) and \( \sigma \) have different trends of change. Rather it is induced by the substrate: silkworm silk. The thermal conductivity of Au film on silkworm silk is almost one-half of that on glass fiber. On the other hand, the electrical conductivity of Au film on silkworm silk is almost twice that on glass fiber. For Ir films, the thermal conductivity decrease is not significant. The thermal conductivity of 6.4 nm Ir film coated on silkworm silk is only a little higher than that on glass fiber. The difference in thermal conductivity reduction may be attributed to the film structural difference: the Ir film has a finer structure than the Au film.

4. CONCLUSION

We have investigated the electron and thermal transport in ultrathin Ir films coated on degummed silkworm silk fibroin. The Ir film thickness was varied from 0.6 nm (\( \sim 3 \) atomic layers) to 6.4 nm. The electrical conductivity of the Ir film is around \( (7.8–10.7) \times 10^6 \) \( \Omega^{-1} \) m\(^{-1} \), about a 100–200% increase.
from that of the same film on glass fiber, even though the grain size of Ir film on silkworm silk is smaller than that on glass fiber. The thermal conductivity of Ir films on silkworm silk is about $52.2\text{–}73.9\ \text{W}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$, close to that of the film on glass fiber when the film is thick. For thin Ir films on silkworm silk ($<5\ \text{nm}$), its thermal conductivity can be much smaller than that on glass fiber. The Lorenz number is found significantly less than that of the film on glass fiber and close to that of bulk crystalline structure. This behavior of the Ir film, despite its nanocrystalline structure, is like the behavior of metallic glasses. We feel the substantial increase of electron transport is attributed to the unique structure of silkworm silks. The electron tunneling and hopping in silkworm silk could enhance the electron conduction. Our further work on Au electron tunneling and hopping in silkworm silk could enhance attributing to the unique structure of silkworm silks. The crystalline structure. This behavior of the Ir film is attributed to the unique structure of silkworm silks. The electron tunneling and hopping in silkworm silk could enhance the electron conduction. Our further work on Au electron tunneling and hopping in silkworm silk could enhance attributing to the unique structure of silkworm silks.

5. METHODS AND EXPERIMENTS

5.1. Sample Preparation. For Type 1 silk fibrin fiber, it was degummed using a 0.2% (w/v) neutral soap solution, followed by heating at 30 °C, deionized water washing, and air drying. To prepare Type 2 silk fibrin, clean cocoon shells were degummed by a 0.5% (w/v) $\text{Na}_2\text{CO}_3$ solution at 98 °C. The samples were then rinsed with deionized water, followed by air drying at 105 °C for 2 h. In this work, Type 2 silk fibrin fibers are used for the study of Ir films, and Type 1 silk fibrin fiber is used for Au film. Details of the degumming process are given in our previous work.6

5.2. Structure Characterization. In SEM characterization, the same sample used in TET measurement is used here. The measurement is conducted at a high vacuum mode with a voltage of 8 kV. For XRD characterization, one silk filament is too small as compared to the XRD spot size, so a bunch of silk filaments are used. Those silk filaments are arranged to be parallel to each other and then to form a flat “film”. This “film” is fixed on a glass substrate and coated with a 20 nm-thick Ir film ($\delta_{\text{ir}} = 20$ nm). The coating method is a little different among 0.6, 1.3, 3.2, and 6.4 nm-thick Ir film samples (corresponding to $\delta_{\text{ir}} = 1, 2, 5,$ and 10 nm). For example, the 0.6 nm-thick Ir film on silkworm silk used for XRD characterization is composed of 20 layers of Ir film with $\delta_{\text{ir}} = 1$ nm. The XRD (Siemens D500) is equipped with a copper X-ray tube. The scanning angle for our samples is from 36° to 50°.

TET studies are carried out by using a JEOL 1200EX TEM with a 1.4 Å resolution. For sample preparation, a liquid resin is used with plasticizers and then mixed together with silkworm silks. This liquid mixture is poured in a mold and allowed to slowly polymerize at room temperature. After the solidification, this resin with fibers is sliced into thin pieces as samples for TEM study.

5.3. Effective Thermal Diffusivity Characterization. As illustrated in Figure 3a, the to-be-measured Ir-coated silkworm silk is connected between two aluminum electrodes using silver paste. To reduce the effect of air convection, the experiment is conducted in a vacuum chamber. During TET measurement, a square-wave DC current is passed through the sample. Figure 3a shows the voltage variation history for one of the measurements. After being coated with three layers of $\delta_{\text{ir}} = 6.4$ nm Ir film on top of 703 μm long Type 2 silkworm silk, the resistance is 233.2 Ω. A current of 0.34 mA is used in this experiment. This leads to a moderate voltage increase as shown in the figure. Because the current is constant, the observed voltage increase from $V_0$ to $V_1$ is induced by the resistance increase of the sample. This small resistance increase is caused by the temperature rise of the sample, and is linearly proportional to the temperature rise because the temperature rise is moderate (detailed later). The normalized overall temperature rise $T_\text{ave}$ of the sample can be calculated as $T_\text{ave} = (V_1 - V_0)/(V_1 - V_0)$. The theoretical nondimensional temperature rise $T^*$ is related to the thermal diffusivity $\alpha$ and sample length $L$ as

$$T^* = \frac{96}{\pi^4} \sum_{m=1}^{\infty} \frac{1 - \exp\left[-(2m - 1)^2\pi^2 \alpha t/L^2]\right]}{(2m - 1)^4}$$

This equation is used to fit the experimental data to determine $\alpha$. More details on how data are processed and fitted are given in our previous work.6 The TET technique has been verified by measuring the thermal conductivity and diffusivity of various micro-/nanoscale wires. Usually, a sound accuracy as good as 5% can be achieved.27–40

We take the $\delta_{\text{ir}} = 6.4$ nm Ir film as an example to describe the data processing. First, we coat one Type 2 silkworm silk ($703\ \mu\text{m}$ long) with one Ir layer and measure its $\alpha_{\text{ir}}$. We then add another Ir layer and do the TET experiment again. Three times of TET experiments with the same silkworm silk coated with Ir layers have been conducted. Figure 3b shows the normalized temperature rise and the fitting result. It is clear that with three Ir layers, the normalized temperature rise of the sample reaches the steady state faster than that with a single Ir layer. This means indeed more Ir layers make $\alpha_{\text{ir}}$ higher. $\alpha_{\text{ir}}$ values of these two samples are determined at 6.49 × 10⁻⁷ and 5.34 × 10⁻⁷ m²·s⁻¹.

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**Notes**

The authors declare no competing financial interest.

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